From the Principal’s Desk

My Hope for the academic year 2013 is to make the school system function by itself in harmony with Mindfulness and Volunteerism without supervision or monitoring by the concerned stake-holders.

Likewise we have enthusiastic and young minds in our school with lots of Hopes in their mind for near future, the school will provide opportunity to reflect their hopes in this news-letter and share with all stake-holders.

Therefore, the rationale behind the newsletter for 2013 is not only to disseminate information of on-going activities in the school, but also to provide opportunity to reflect and share their hopes for improvement and motivation in future plans and programs of our young future generation.

I am hopeful and confident this Students’ Reflection (Sel-Wai-Melong) will become more and more useful in creating greater awareness to awaken our hopes and focus both in sharing and improving the life styles.

HAPPY READING!!!

ACTIVITIES FOR THE MONTH OF FEBRUARY, MARCH, AND APRIL 2013.

13th February:
Mongar Lower Secondary School re-opened for the year 2013 academic session on 13th February. The principal and the teachers reported to the school at 9:00am. The first day started with a staff meeting where the principal welcomed everyone back to the school. During the staff meeting old ideas were re-viewed and new ideas and new aspirations were shared and the most important were the hope of the school and the hopes of the teachers for the year 2013.

The meeting also saw discussions on subject and class distributions. Committees and clubs were formed to impart wholesome education to the students.

Left: Assistant Principal and Teachers. Right: Principal Welcomes Teachers and the supporting staff for the academic year 2013.

14th February: The SBIP for Science and Dzongha (New Curriculum) was conducted on 14th February by Ms. Pema Choden and Lopen Sonam Dorji respectively. It was aimed to make the teachers aware of the changes in the curriculum and the mode of assessment. The SBIP was very informative and everyone present felt that it was very important to orient the teachers especially the new curriculum.

My hope is to focus more on weaker students and mould them equally as good as other students especially in academic.

Ms. Chimi Wangmo
19th February: The election of the School Captains was conducted on 18th February. After the nomination of a girl and a boy from classes 7 & 8 by each house, and the campaign speech by the nominees, 10 candidates were screened by the Captain Committee, all the students in their respective houses cast their vote for the school captain through EVM. Rinzin Wangchuk secured 274 out 457 votes and was elected as the School Captain and Chimi Wangmo with 180 out of 457 votes was elected as the Vice Captain.

The election for House Captains were carried out on 19th February. After the nomination of 3 girls and 3 boys from classes 7 & 8, and the campaign speech by these candidates in their house, each member of the house voted for the captain through EVM. The boys and the girls candidate who got the highest votes were declared as the house boys captain and girls captain respectively.

2nd March:
Mr Geley Tenzin, a consultant from Regional Agriculture Marketing Organization, Mongar was invited to speak on School Agriculture gardening. He presented on Nursery Raising. He said that as he would be closely working with the school, he would provide the information and guidance as per the stages of the cultivation that the students would be doing practically in the field. The idea behind having the school agriculture program is to make the students aware about farming, being self sufficient and above all to have hands on practice. At the same time it will teach the students to love and respect rural life and value it. This program will also prepare the students to face challenges in life and help them to take up any kind of job available in the market.

3rd March: The Disaster management team carried out an awareness program from 4th to 6th of March. The concerned coordinators made power point presentations on awareness of various disasters such as earthquake, landslide, fire, and windstorm; fire safety in structural and forest fire; the place to go and people to contact in the school for first aid services during such disasters; search and rescue team and people to contact in the school for missing students during such disasters; different exits and evacuation area for different classes. On the 7th march, a safety drill on earthquake was carried out where all children practiced and followed the safety measures and exits accordingly.

18th March: The first students’ conference for the academic year 2013 was conducted on 18th March. It was organized by Dhug house in-charges and members, (the House-on-Duty for that week ) and it was attended by all the students of classes 7 and 8. The students brought forward the issues related to disciplinary problems, junk foods, plastics etc., and they came up with the solutions for each issue as well. The program was initiated to understand the problems of the students and to let the students come up with the solutions to solve the problem. It also provides a platform where the students are given responsibilities and are given importance in helping the school function smoothly. This program is conducted once a month to minimize the problems in the school.

I hope to put extra effort and use different strategies to suit my low achiever students. Mr. Gopal Chetri
22nd March: on 22nd March, the ‘World Water Day’ was observed in the school on the theme ‘Save Water.’ The Health Coordinator made an awareness presentation on how to make tippy taps and the importance of hand washing, while the GNH Coordinator presented on water saving values and water cycle. The presentations were made in two groups, classes PP – 4 in the morning assembly and classes 5 – 8 after the school.

23rd March: The school organized SPEA (School Parenting Education and Awareness) program for parents on 23rd March. The school invited all the parents of students residing in town as they were the ones who would quite often land up in social problems. The following topics were discussed during the program:
1. Media Literacy – awareness on what media literacy is and how parents can help their child make use of media properly, critically and safely.
2. Dress Code – the importance of maintaining a proper dress code in the school and at home.
3. Time Management - how parents can help their children to manage their time at home properly and usefully.
4. Selection of Friends – the role of parents in guiding their children to choose good friends who will have positive influence on their children.
5. Volunteerism – the school theme for 2013. What the school expects to develop in the students and how parents can help instill the sense of volunteerism in their children.
6. ECCD – awareness on what is early childhood development and the importance of parents’ involvement as well as the role of ECCD centers in the development of a young child.
A total of 120 parents attended this program, who expressed that they are now more aware of the roles they play in their child’s development.

25th March: The first selection of Best Student of the month for year 2013 was conducted on 25th March by the HOD, Khorlo House. One student from each section of classes 4 to 8 were nominated. The nominees gave their speeches to the students of classes 4 to 8. Later, all the teachers and students’ representatives (captains) voted for the best student. Out of the 17 nominees, one each from a class, Sangay Rinchen from class 6B with the highest vote, was elected as the best student for the month of March. It is an opportunity where the best among the best is being selected and is being given recognition for the contributions made by him or her in various fields. At the same time it also helps in motivating the students to do better next time.

13th April: The school carried out its first Cleaning Campaign for 2013 on 13th April. Along with the cleaning campaign banner competition was also held among the eight houses. Each of the eight houses cleaned up the assigned area from Naling till Trailing. The members of the houses prepared beautiful banners with messages related to environment. The students rose house banner with clear messages for keeping our environment clean and went on cleaning the area till they reached the public ground at noon. Dasho Dzongrub along with some officials from the dzongkhag assessed the clean-up work and the banners which were displayed on the ground. Everyone was anxious and excited thinking about the result. The result was declared and cash prizes were awarded. Drami, Khorlo, and Gyeltshen houses took the 1st, 2nd, and 3rd prizes respectively. There were consolation prizes for the remaining five houses as well, as an appreciation and acknowledgement for the hard work. The day came to an end with the refreshments to the students by the business community. The main objective of this program is to instill in students the value of caring the nature and to make the people aware of the waste management and to make them participate in making our country clean and green.

I hope to help students who have learning difficulties to do better in the class. Ms. Tara Devi Girl.
28th February: The SENCO initiated the SBIP on differentiated Instruction for the teachers to apply in their teaching learning process. The facilitator elaborated on different learning styles of the students which could be used by the teachers to help the students learn in a better way. The format of planning lesson using differentiated instruction was demonstrated and teachers were encouraged to use often while planning.

28th March: The Literary Club conducted the Dzongkha story telling Competition among the Eight Houses on 28th March, the first Literary competition for the year 2013. All the participants narrated the best stories with good moral values. However, Bumpa House bagged the first position with 159 points out of 200 followed by Dhug House with 154 points. Drami House stood third with 152 points. The cash prizes were awarded respectively to the winning houses.

9th April: On 9th April, the ‘World Health Day’ was observed. Parents were invited for a short presentation on health and parenting. The GNH coordinator made presentation on positive parenting and its importance in molding a child’s future. The school also invited the nutritionist from the hospital to give a talk on balanced diet and the rising issues on junk foods. She also talked about importance of following a healthy diet and the effects of having unhealthy foods. Coinciding with the World Health Day, the school observed ‘Positive Parenting Month’ in April. The school invited the parents to come to school and have lunch together with their children from 9th to 13th April. The main objective of this program was to make the parents realize the importance of spending their time with their child, especially while eating. The school hopes to make the parents aware of the value of sharing a meal with their child and their role as parents in their child’s overall growth and development.

If we hope to pass in exams, then we will have courage to study. Mr. Sangay Gyeltshen Class 7 ‘C’
Father is the head of the family and mother is the heart of the family.  

Ms Tshering Yangkye, 8A
Hope

Hope is Bold,
   As brass,
Where it never
Loses its colour
Or Design.

Hope is Gold
   As mould
Where it is
Stored and used
For sanitations.

Hope is Oblivion
Which is certain
and uncertain
Of the
Happenings around us
And above all
Hope is the
Alternative shortcut
Towards success
Be it real or unreal…

Because we might never
Know what
Hope might
Tell!

Hope

Hope, anything that one wants,
And the only thing we believe in.
In my worries, stress and tension
All I can do is just hope.
Hope is the only light in the darkness,
And the only thing that remains positive
When all the things go negative.
I am just to hope.
Hope! Hope! Hope!
But, I have to hope,
Since hope is only friend in need.
Hope is the only thing to cheer you up,
But I don’t know where it is?
Is it inside me?
Well, I don’t now it for sure,
All I know is:
Hope is all I want,
Hope is all I need and
Hope will always set me free!

I hope to do my best to do good and serve school, community within my capability.  Ms Karma Lhamo.

I shoot my arrow keeping a target in front of me,
I hope rather to hit the target.
I climb the tree looking at the fruit,
Hoping that I can pluck it and eat it.

My friend would ask me;
Why are you shooting at the target?
Why are you climbing a tree looking at fruit?
And why are you …?

I simply answer them
That I hope for the best,
Aim at the moon
And shoot at the stars.

Great Hopes Make Great man!

Hope is the only way,
With which we are to stick with our future!
If there is no hope, there is no future.

A person with hope is always successful.
And a person without hope
Is always unsuccessful.

A person without hope,
Is same as
A bird with a broken wing.
So hope is really important,
Hope is like our ladder

Hope

Hope is like an aim.
I hope to be someone in my life.
I hope to desire something in my life.
Hope should be sharp as a knife.
I Hope to catch to the zenith to the success.
Hope

Hope is the feeling of wanting something to happen and thinking that it will happen one day. Everybody living in this God created, beautiful world, has hoped something and still hopes for something to happen.

In the world, there is nobody without a hope of something to happen. Some hope of becoming a Dasho, some hope to top the class, some hope to win the competitions, etc… the hopes are very high, but if we don’t work hard and don’t try to go towards it, our hopes will not be successful and our hope will always remain a hope!

Every living-being has a hope like– if a lion is hungry, the lion will hope that he would get a prey or meat to eat. If a person has no hope then he or she would be considered worst than any human or animal.

You should always hope of something good and work hard to achieve our hope and you should never let our hope to remain as a hope!

Hope is important cosmetic in our day to day life. This cosmetic doesn’t cost but is important for everybody. If hope is there we tend to work hard with lot of enthusiasm and happiness too.

Some have big hopes while others hope for small wishes. When people’s hopes are common they tend to work together by cooperating and they will work as a team to reach towards common goal. The secret thing to become somebody successful is to have hope with lots of good values. Good values lead us towards success.

Hope is the cosmetic we all should use be it a boy or a girl. This cosmetic doesn’t make us white or beautiful or handsome but make us wise. We should think good and act good in order to be good and develop our self esteem.

So, always hope and let us be responsible youth of heavenly country– Bhutan!
Hope

As a saying goes “Hope for the best but prepare for the worst” we in our daily life knowingly or unknowingly set our goals to get something which eventually become our hope in later part. Every individual in this world have a hope for themselves or for their loved ones.

I have a hope for my life time, which is to become a well known person in life and to pay back to the ones who have taken care of me till now. Not only that I have a hope to excel in my academy and all the activities taking place this year in my school. Even for each day I have a hope to learn everything taught by my teachers and parents that day.

Though perfection is not possible in everyone's life I will try my best and work hard to fulfill my hopes.

I quote, “Who against hope believed in hope. Hope is a good breakfast and a bad supper. While there is life, there is hope. Hope for the best and prepare for the worst.” I unquote. I too believe in hope.

And my hopes for the academic year 2013 are: I want to top in all the subjects. I want to be the best among all. I also want to try my best to stand first from my class. I want to participate in the inter house sports competition as I am not that good at sports. I also want to be selected as the best student from my class.

The another important thing I want to achieve is to be a good son for my parents and a good brother to my little younger sister who have just enter to this beautiful world.

The word ‘hope’ means to want something to happen. Everyone in this world will have hope. Hope changes day by day, month by month and year by year when one is fulfilled or failed. If we hope we get courage to do so. If we hope to pass in exams, then we will have courage to study.

Likewise I also have hope for this year. The great hope for this year is to be a role model and follow the school rules, respect elders and care younger's. My hope in the academic session for 2013 is to get 90%. Secondly my hope is to get 99 in mathematics and 80 to 90% in other subjects.

When I grow up I hope to top class XII and go for further studies and serve my country with utmost love and dedication.
What is Special Educational Needs (SEN) program in the school?
Special Educational Needs is a program in the school that provides services to students with learning difficulties.

Why do we need SEN program in the school?
All children are differently-abled. Special Educational Needs program ensures that every child gets the opportunity to learn better according to their learning style.

To whom the SEN Services are provided?
All children with different learning style.

How SEN Program in the school is being carried out?
1. For daily classroom teaching, teachers plan and deliver lessons using differentiated instructions, thereby catering to all needs of students.
2. Students are also grouped according to their learning style and remedial lessons are carried out for a period once a week.
3. Any child with some difficulties in learning in a mainstream classroom is provided extra help in refining their skills and strategies in Pull-Out classes.
I hope my pull-out classes will be effective and result oriented and differentiated instruction is used effectively and sincerely in all the class. Ms. Yeshi Choki.